The GRANDcares Youth Club

A six-week group designed for children ages 9 – 12 being raised by a grandparent.



leadership communicate heart grandfamilies grandfamilies action health reflect connect mindfulness friendship head self-care fun hands taichi ME-moments yoga supportstrength self-expression

Date: Tuesdays, October 2nd – November 6th
*****Kick-off & Welcome Session on Tuesday, September 25th*****

Time: Dinner 4:30pm – 5:00pm & Class 5:00pm – 7:00pm

Location: Realities For Children, E. County Road 30, Fort Collins, CO 80525

No cost to attend, but space is limited.

For more information or to register, please call Raquel Daniels at 970-491-8204 or by email at Raquel.Daniels@colostate.edu

Funded by USDA- NIFA-CYFAR (2015-06132)









